

**FRESH FOOD**

**Delicatessen**

- Salad Bar & Sides
- Meat
- Cheese
- Appetizer
- Dip & Salsa
- Pizza / Take & Bake
- Sandwiches
- Other \_\_\_\_\_

**Meat & Seafood**

- Beef
  - Ground  Roast  Steak
  - Stew/Soup  Veal  Rib
- Pork
  - Bacon  Chop  Rib  Ham
  - Roast  Sausage
- Poultry
  - Chicken  Turkey
- Lamb
- Hot dogs
- Lunch Meat
- Other \_\_\_\_\_
- Cocktail Sauce
- Fish Steaks · Filets
  - Catfish  Cod  Halibut  Sole
  - Salmon  Snapper  Tilapia
  - Tuna  Other \_\_\_\_\_
- Whole Fish
- Shell Fish
  - Clams  Crab  Lobster
  - Mussels  Oysters  Shrimp

**Dairy**

- Milk & Cream
  - Milk  Buttermilk  Creamer
  - Cottage Cheese  Half & Half
  - Heavy Cream  Sour Cream
  - Whipping Cream
- Butter · Margarine
- Eggs
- Yogurt
- Packaged Cheese
  - American  Cheddar  Cream
  - Feta  Parmesan  Provolone
  - Mozzarella  Ricotta  Swiss
  - Shredded  Spreads

- Doughs
  - Biscuit  Bread & Crust
  - Cookie  Pastry  Roll
- Pudding · Gelatin
- Other \_\_\_\_\_

**Bakery**

- Bread (packaged)
  - Buns  Biscuit  Bagels  Pita
  - English Muffins  Breadsticks
  - Pizza Crust  Rolls  White
  - Wheat  Raisin  Sourdough
  - Potato  Rye  Multi-Grain
  - French/Italian  Tortillas · Wraps
- Bread (fresh)
  - Rolls  Pita  Croissants
  - Bagels  Muffins
  - Other \_\_\_\_\_
- Bakery Cakes · Pies
  - Cake  Pie  Pastry  Donuts
- Other \_\_\_\_\_

**Fruits**

- Apples
- Avocado
- Bananas
- Berries
- Grapes
- Kiwis
- Lemons / Limes
- Melons
- Oranges
- Peaches
- Pears
- Pineapple
- Other \_\_\_\_\_

**Vegetables**

- Asparagus
- Beets
- Broccoli · Cauliflower
- Carrots
- Celery
- Corn
- Cucumbers
- Herbs
  - Basil  Chives  Cilantro
  - Dill  Garlic  Ginger  Mint
  - Oregano  Parsley  Sprouts
  - Rosemary  Sage  Thyme
  - Other \_\_\_\_\_
- Lettuce · Greens
  - Artichokes  Arugula
  - Bok choy  Brussels Sprouts
  - Collards  Cabbage  Chard
  - Eggplant  Endive  Escarole
  - Horseradish  Iceberg Lettuce
  - Kale  Mustard Greens  Okra
  - Romaine  Spinach  Sprouts
  - Turnip greens  Watercress
  - Other \_\_\_\_\_
- Mushrooms
- Onions
- Peppers
- Potatoes
- Squash
- Tomatoes
- Zucchini
- Other \_\_\_\_\_

**Misc. Produce Items**

- Bagged Salads
- Cut Fruit · Veggies
- Croutons · Toppings
- Dip & Salsa
- Dressing
- Dried Fruit/Snacks
- Crushed Garlic
- Hummus
- Marinades
- Vegetarian Items

**FROZEN FOOD**

**Frozen Beverages**

- Frozen Juice
- Frozen Cocktail Mix
- Ice

**Frozen Fruits**

- Berry Blends  Blueberries
- Cherries  Peaches
- Raspberries  Strawberries
- Other \_\_\_\_\_

**Frozen Veggies**

- Asparagus  Beans
- Brussels Sprouts  Broccoli
- Carrots  Cauliflower  Corn
- Edamame  Onions  Okra
- Peas  Potatoes  Spinach
- Squash  Vegetable Blends
- Other \_\_\_\_\_

**Frozen Entrees & Snacks**

- Breakfast
  - French Toast  Eggs · Scrambles
  - Pancakes  Sandwiches
  - Sausage (Links · Patties)  Waffles
  - Other \_\_\_\_\_
- Lunch & Dinner
  - Banquet Meals  Bread · Dough
  - Diet Entrees  Fish · Shrimp
  - Kid Meals  Potatoes (Fries · Tots)
  - Meats · Nuggets  Mexican Food
  - Pasta Dishes  Pizza  Pot Pies
  - Stir Fry & Skillet  Veggie Burgers
  - Other \_\_\_\_\_
- Desserts
  - Cake  Cheesecake
  - Ice Cream  Pastry  Pies
  - Popsicles & Novelties  Sorbet
  - Whipped Cream  Frozen Yogurt
  - Other \_\_\_\_\_

**GROCERY**

**Cereal & Breakfast**

- Breakfast Drinks
- Cereal (cold · hot)
- Granola Bars
- Toaster Pastries
- Soups & Chili**
- Bouillon · Broth
- Canned Chili · Stew
- Ramen Noodles
- Condensed Soup
- Cups of Soup
- Soup Mix

**Condiments, Spreads & Sauces**

- Barbecue Sauce
- Grilling Sauce
- Hot & Chili Sauce
- Ketchup
- Marinade
- Mayonnaise
- Miracle whip
- Mustard
- Olives (Jar · Can)
- Pickles · Relish
- Steak Sauce
- Worcestershire
- Tartar
- Horseradish
- Jam & Preserves
- Peanut Butter
- Honey
- Cooking Wine

**Asian Food**

- Fish  Mustard  Peanut  Soy
- Stir Fry  Teriyaki  Tamari
- Other \_\_\_\_\_

**Mexican Food**

- Chiles & Sauce  Con Queso
- Enchilada Sauce  Jalapenos
- Mole  Refried Beans  Salsa
- Taco Sauce  Taco Seasoning
- Guacamole

**Diet / Nutritional**

- Drinks · Shakes
- Snacks & Meal Bars
- Nutritional Drinks
- Sports Bars
- Sugar Substitute

**Pasta, Rice & Beans**

- Dry Beans · Peas
- Couscous
- Pasta & Noodles
  - Asian Noodles  Fettuccine
  - Farfalle  Fusilli  Gnocchi
  - Penne  Spaghetti  Ravioli
- Rice
  - Instant  Flavored Mix
  - Long Grain  Mexican  Pilaf
  - Whole Grain  White

**Canned Foods**

- Anchovies
- Baked Beans
- Pork Beans
- Corned Beef
- Seafood
  - Clams  Crab  Escargot
  - Oysters  Salmon  Sardines
  - Shrimp  Tuna
- Gravy
- Pork · Beef
- Pasta · Rice Entrees
- Pasta Sauce
- Sloppy Joe Sauce
- Chicken · Turkey
- Microwave Entrees

**Baking & Cooking**

- Chips · Morsels
- Baking Mixes
- Bread Mixes
- Breading & Coating
- Brownie · Cookie Mix
- Cake · Cobbler Mix
  - Frosting  Decorations
- Corn Meal · Grits
- Flour
- Dried · Candied Fruit
- Marshmallows
- Milk (Dry · Condensed)
- Muffin Mix
- Nuts
- Oil · Vinegars
  - Olive Oil  Canola  Vegetable
  - Apple Cider Vinegar  Balsamic
  - White Vinegar
- Pancake · Waffle Mix
- Syrup · Molasses
- Pie Crust & Mix
- Canned Pie Filling
- Shortening
- Sugar & Substitutes
- Rising Agents
  - Baking Powder  Baking Soda
  - Yeast  Other \_\_\_\_\_
- Corn Starch
- Food Coloring
- Gelatin Mix · Cups
- Pudding Mix · Cups

**Canned Fruit**

- Apple Sauce  Cranberry Sauce
- Cherries  Fruit Cocktail
- Peaches  Pears  Pineapple
- Mandarin Oranges  Pears
- Fruit Cups  Other \_\_\_\_\_

**Canned Vegetables**

- Artichokes  Asparagus  Beans
- Beans  Capers  Carrots  Corn
- Green Beans  Hominy
- Mushrooms  Okra  Olives
- Peas  Peppers/Chiles
- Potatoes  Yams  Spinach
- Tomatoes  Pasta Sauce
- Sauerkraut
- Other \_\_\_\_\_

**Asian Canned**

- Baby Corn  Bamboo Shoots
- Bean Sprouts  Chow Mein
- Sauces  Water Chestnuts
- Other \_\_\_\_\_

**Spices & Seasoning**

- Extracts
  - Vanilla  Almond  Banana
  - Imitation Butter  Cherry
  - Coconut  Maple  Rum
  - Other \_\_\_\_\_
- Marinades
- Salad Dressing
  - Caesar  Cole Slaw  French
  - Herb  Honey Mustard  Italian
  - Ranch  Thousand  Vinaigrette
  - Other \_\_\_\_\_
- Salt · Pepper
- Seasoning Mixes

**Meat Seasoning & Tenderizer**

- Seeds
- Bacon Bits
- Spices · Herbs
  - Allspice  Alum  Basil
  - Bay Leaves  Chili Powder
  - Cinnamon  Chives  Cloves
  - Coriander  Cumin  Curry
  - Cajun  Dill  Garlic  Mustard
  - Marjoram  Nutmeg  Onion
  - Oregano  Paprika  Parsley
  - Red Pepper  Rosemary
  - Other \_\_\_\_\_

**Beverages**

- Fresh Juices
- Packaged Mixes
- Soft Drinks
- Bottled Water
- Coffee · Filters
- Tea · Filters
- Cocktail Mixers
- Beer, Wine & Coolers
- Lemon · Lime Juice

**Snacks**

- Granola · Trail Mix
- Dried Fruit · Roll Ups
- Popcorn · Rice Cakes
- Cookies  Nuts
- Candy
  - Gum  Gift  Bulk  Mints
  - Sugar Free  Bars  Holiday
  - Novelty  Other \_\_\_\_\_
- Snack Cakes · Pies
- Chips  Potato  Tortilla

**HEALTH & HOME**

**Drugstore**

- Allergy · Sinus
- Antacids · Laxatives
- First Aid
  - Antiseptic  Bandages
  - Cleansers  Hand Sanitizer
  - Hot/Cold Therapy  Rash/Itch
  - Scar Treatment  Sun Burn Relief
  - Petroleum Jelly  Other \_\_\_\_\_
- Sleep Aids
- Foot Care
  - Odor  Blister  Wart
- Oral Care
  - Breath Aid  Dental Floss
  - Dental Care  Mouthwash
  - Toothbrush  Toothpaste
  - Picks  Whitener  Lip Balm
  - Other \_\_\_\_\_
- Diet Aids
- Medical
  - Thermometer  Test Kits
- Pain Relief
  - Arthritis  Aspirin  Non-Aspirin
  - Feminine  Oral  Fever
  - Muscle/Joint  Childrens
  - Other \_\_\_\_\_
- Cold & Flu
  - Cold  Flu  Cough Relief
  - Baby Cough/Cold  Sore Throat
- Feminine Products
- Condoms
- Ear & Eye Care
  - Cotton Balls · Squares  Swabs
  - Earplugs  Medicine
  - Eye Drops  Contact Solution

**Pet Care**

- Cat
  - Dry Food  Canned Food
  - Litter  Toys  Treats  Care
- Dog
  - Dry Food  Canned Food
  - Toys  Treats  Care
- Other  Bird  Fish

**Baby Care**

- Needs & Medical
  - Clothing  Safety Supply
  - Cold · Cough  Electrolytes
  - Diaper Rash  Teething Relief
  - Thermometer  Tummy Relief
  - Pacifier  Teething Toys  Oil
  - Lotion  Powder  Shampoo
  - Wash · Bubbles
- Feeding & Supplies
  - Formula  Jar Food  Juice
  - Snacks  Cereal  Bottles
  - Liners  Nipples · Caps
- Changing Needs
  - Wipes  Powder  Diapers
  - Size \_\_\_\_\_
  - Size \_\_\_\_\_
  - Size \_\_\_\_\_

**Personal Care**

- Bath Soap
- Body Wash · Gel
- Liquid Hand Soap
- Sponges · Loofahs
- Deodorant
- After Shave
- Hair Removal · Razor
- Shaving Cream · Gel
- Feminine Hygiene
- Shampoo · Conditioner
- Hair Brush · Comb
- Hair Spray · Gel
- Hair Color \_\_\_\_\_
- Nail Clippers · File
- Nail Polish Remover
- Lotion · Cosmetics
- Facial Cleanser
- Panty-hose · Socks
- Vitamins

**Household Basics**

- BBQ · Camping
  - Lighter Fluid  Matches · Lighters
  - Charcoal  Wood Chips
  - Firelog  Paper Plates  Napkins
- Batteries \_\_\_\_\_
- Light Bulbs \_\_\_\_\_
- Candles · Fresheners
- Paper/Plastic/Foil
  - Aluminum Foil  Cups  TP
  - Food Storage Bags
  - Freezer Bags  Trash Bags
  - Napkins  Paper Towels
  - Plastic Wrap  Sandwich Bags
- Cleaning Supplies
  - Bathroom  Bleach  Floor
  - Carpet  Dishwasher  Dish
  - Drain  Furniture  Glass
  - Stain  Laundry  Mop · Broom
  - Oven  Sponge/Brush  Air
  - Vacuum  Scrubbers  Wipes
  - Rubber Gloves  Fabric
- Office Supplies
  - Mailing Needs  Binders
  - Calculator  Construction Paper
  - Glue  Notepads  Tape
- Kitchen Supplies
  - Pans · Bakeware  Utensils
  - Gadgets  Water Filters
  - Canning Supplies  Measuring
  - Containers  Bowls · Strainers
  - Cutting Board · Knives
- Laundry Supplies
  - Bleach  Fabric Softener
  - Hangers  Detergent
  - Stain Remover  Starch
  - Dyes  Dry Cleaning
- Hardware
  - Tape  Flashlights · Lantern
  - Glue  Hooks · Clips  Locks
  - Nails · Screws · Tacks  Rope
  - Tools  Utility Knives · Blades
  - Oils · Lubricant  Plumbing

**Automotive**

- Motor Oil  Antifreeze
- Air Freshener  Cleaners
- Garden Supplies
  - Pest Control  Repellent
  - Plant Soil  Plant Food

**Specialty**

- Magazines · News
- Film · Camera Batteries
- Movies · Rental
- Floral

**Topic Dinners**